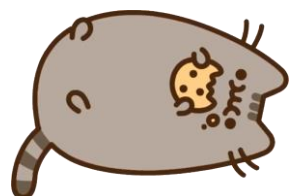




# Pennant Hills Public School Canteen Menu

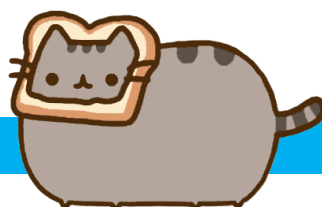
## Snacks

Anzac Biscuit	\$0.50
Gingerbread Folk	\$1.50
Popcorn - Plain	\$0.60
Popcorn - BBQ	\$1.30
Mamee Noodles - Chicken	\$1.00
Mamee Noodles - BBQ	\$1.00
Red Rock Sea Salt Chips	\$1.30
Breadsticks - Pizza	\$0.10
Apple & Sultanas	\$0.50
Apple	\$1.00
Apple Slinky	\$1.00
Orange Quarters	\$1.00



## Popular Toasties

Cheese	\$2.10
Ham & Cheese	\$3.10
Chicken & Cheese	\$3.60
Baked Beans & Cheese	\$2.70
Ham, Cheese & Pineapple	\$3.40
Ham, Cheese & Tomato	\$3.70



## Sandwiches / Rolls

Cheese	\$1.60
Vegemite	\$1.30
Salad (lettuce, tomato, carrot, cucumber)	\$3.40

## Popular Wraps

Chilli Chicken Tender with Lettuce & Mayo	\$3.00
Chicken, Avocado, Lettuce & Mayo	\$4.00
Falafel, Hummus & Lettuce	\$3.30
Salad, Cheese & Hummus	\$3.50
Chicken, Salsa, Lettuce & Cheese	\$4.00

**Build your own wraps, sandwiches, rolls & toasties  
@Flexischools**

## Recess (3-6 site only)

Custard Cup	\$0.80
Two Fruits & Custard	\$1.00
Milo Cereal & Custard	\$1.00
Garlic Bread	\$1.00
Dumplings - Assorted (Thurs only)	3 for \$1 or \$0.40

## Drinks

Spring Water	\$1.00
Plain Milk	\$1.20
Just Juice (Orange / Apple / Apple & Blackcurrant)	\$1.20
Milky Max (Chocolate / Strawberry)	\$2.00
Chill J's (Grape / Blackcurrant / Lemonade / Raspberry / Watermelon)	\$2.00



## Hot Food (Wed, Thurs & Fri)

Garlic Bread	\$1.00
Twista Bolognaise	\$3.50
Macaroni Cheese	\$3.00
Fried Rice	\$3.50
Vegetarian Fried Rice with Egg	\$3.50
Lasagna	\$4.00
Mexican Bean Feast - Served with a Tortilla	\$3.50
Mexican Beef & Beans - Served with a Tortilla	\$4.00
Cob of Corn	\$1.00
Pizza Muffin - Margarita	\$1.50
Pizza Muffin - Hawaiian	\$2.50
Pizza Muffin - BBQ	\$2.50
Tomato Sauce	\$0.30



## Hot Food (Wed only)

Party Pies	\$1.30
Hash Browns	\$0.60

## Hot Food (Thurs only)

Beef Burger	\$3.00
Cheese Burger	\$3.50
Chicken Burger	\$3.00
Vege Burger	\$3.00



## Hot Food (Fri only)

Nuggets (3)	\$1.80
Sushi - Cucumber	\$3.50
Sushi - Beef & Cucumber	\$3.50
Sushi - Tuna & Avocado	\$3.50
Sushi - Chicken Teriyaki & Cucumber	\$3.50



## Salad Boxes

Lettuce, Carrot, Cucumber & Tomatoes	\$2.00
<b>Extras:</b>	
Chilli Chicken Tender	\$1.50
Chicken Salsa	\$1.50
Ham	\$1.00
Cheese	\$0.60
Falafel	\$1.50
Pineapple	\$0.30
Beetroot	\$0.30
Boiled Egg	\$0.60
Avocado	\$0.80



## Snack Packs

Salad Snack Pack	\$1.20
(4 carrot & cucumber sticks & cherry tomatoes)	
Salad Snack Pack with Hummus	\$1.80
Cheese & Crackers (6 x Jatz & cheese slices)	\$1.00

## Frozen Treats

Fruit (Pineapple Ring)	\$0.30
Fruit (Grapes / Orange Quarters / Watermelon)	\$0.50
Juicy Tubes	\$0.50
(Apple / Apple Blackcurrant / Tropical / Wildberry)	
Ice Monies (Chocolate / Lemon Ice)	\$0.80
Juices (Lemonade / Wildberry)	\$1.20
Moosies (Blue Moon / Chocolate)	\$1.50

## Frozen Treats (3-6 site only)

Apple Blackcurrant Juice Cup	\$0.60
Bulla Ice Cream Tub	\$1.50
Paddle Pops	\$2.00
(Chocolate / Chocolate & Caramel / Rainbow)	
Twisted Frozen Yoghurt	\$2.00
(Chocolate & Vanilla / Mango & Watermelon)	



If you have any questions or would like to help out at the canteen, please contact Heather on 0425 274 681 or [canteenphps@gmail.com](mailto:canteenphps@gmail.com)